

# FREDERICK'S

## Wine & Dine

### Appetizers

#### Potato Skins

Topped with cheddar cheese and bacon bits served with sour cream. 8.99

#### Frederick's Skins

Potato skins topped with chicken, onions, green peppers and provolone. 9.99

#### Quesadilla

Grilled white tortillas filled with mozzarella and cheddar cheeses, tomato, onion, olive and jalapeño peppers. Served with sour cream and salsa. \$8.50 (Add Grilled Chicken \$2.50)

#### Frederick's Spicy Shrimp

Large shrimp lightly dredged in seasoned flour, deep fried and tossed in our signature spicy sauce. \$10.95

#### Hamburger Sliders

USDA ground chuck grilled slider style, served on a bun with pickle, tomato and pesto mayo. \$7.95

#### Wings

Fried and served with your choice of sauce. \$12.95

Bleu cheese and celery sticks are \$.75 extra.

Sauce choice: Garlic, Garlic Parmesan, BBQ, Buffalo or Hot BBQ

#### Calamari

Lightly dredged in seasoned flour, deep fried and served with marinara sauce. \$8.95

#### Mussels

Sautéed with butter, white wine, garlic and fresh parsley. \$7.95

#### Frederick's Sampler

Frederick's skins, wings and mozzarella sticks. \$12.95

#### Southern Fried Chicken Sliders

All white meat chicken breast hand breaded, fried and served on a bun with Honey Dijon mayo and tomato. \$7.95

#### Loaded Fresh-Cut French Fries \$5.95

Served with melted cheddar cheese, bacon bits, scallions and sour cream.

### Soups and Salads

#### Potato Cheese Soup

Frederick's signature homemade soup topped with bacon and scallions. Cup \$4.99 Bowl \$5.99

#### Soup of the Day

Chef's Choice. Cup \$4.99 Bowl \$5.99

#### House Salad

Mixed greens with carrots, red cabbage and cucumbers with choice of dressing. \$3.95

#### Classic Caesar Salad

Romaine lettuce, parmesan cheese and croutons, tossed in Frederick's House Caesar dressing. \$8.95

\*With grilled or fried chicken breast \$10.95

\*With shrimp \$12.95 \*With 4 oz. salmon \$13.95

#### Frederick's Signature Salad

Mixed greens with cheddar cheese, scallions, cucumber, egg and tomato with choice of dressing. \$9.95

\*With country fried chicken for \$10.95

\*With shrimp for \$13.95 \*With 6 oz. salmon for \$14.95

### Sandwiches & More

All sandwiches are served with fresh potato chips.  
Substitute fresh cut fries for \$1.45

#### Plain Ole' Hamburger

Char-Grilled USDA ground chuck patty served on a toasted kaiser roll with lettuce, tomato, onion and pickle. \$8.95  
Add a topping! Cheese, bacon or mushrooms for \$.75

#### Shrimp Po' Boy

Breaded shrimp served on a toasted hoagie roll with lettuce, tomato and Frederick's signature Po' Boy sauce. \$9.95

#### Catfish Sandwich

Southern fried catfish fillet on whole wheat bread. \$9.50

#### Ocean Perch Sandwich

Southern fried ocean perch fillet on whole wheat bread. \$8.95

#### Tilapia Sandwich

Southern fried tilapia fillet on whole wheat bread. \$7.95

#### Frederick's Grouper Sandwich

Fried grouper fillet on whole wheat bread. \$9.50

#### Buffalo Chicken Sandwich

All white meat chicken breast hand breaded, fried and tossed in Frederick's Buffalo sauce served on a bun with blue cheese dressing, lettuce and tomato. \$7.95

#### Frederick's Signature Items

Consuming raw or undercooked meats or poultry increases the risk of foodborne illness\*\*  
For parties of 6 or more a 20% gratuity will be added to your bill  
Follow us on Twitter: fredericksdine@twitter.com



# Fish Your Way

Choose your fillet and let Frederick's prepare it your way! Choose from the following styles:  
Fried, Grilled, Blackened or Broiled. Perch can ONLY be FRIED.

## Fillet Choices:

<b>Catfish</b> 2 pc \$16.95	<b>Perch</b> 3 pc \$15.95	<b>Tilapia</b> 2 pc \$14.95	<b>Salmon</b> \$18.99	<b>Grouper</b> 2 pc \$16.95
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Check with your server for our specials on Whole Bone-In Fish of the day!

## Pasta

All pastas are served with bread and house salad

### Pasta Alfredo

A rich parmesan cream sauce tossed with fettuccini. \$13.95

\*With char grilled chicken breast \$16.95

\*With shrimp \$17.95 \*With chicken & shrimp \$19.95

### Frederick's Alfredo Fettuccini

Sliced mushrooms, fresh tomato and broccoli in a parmesan garlic cream sauce tossed with fettuccini. \$13.95

\*With char grilled chicken breast \$16.95

\*With shrimp for \$17.95 \*With chicken & shrimp \$19.95

### Cajun New Orleans Pasta

A spicy cream sauce tossed with penne pasta, sautéed peppers, onions and parmesan cheese. \$13.95

\*With blackened chicken breast \$16.95

\*With shrimp \$17.95 \*With chicken and shrimp \$19.95

### Chicken Parmesan

Two lightly breaded fried chicken breasts served with fettuccini, topped with marinara and provolone cheese. \$15.95

## Entrées

Entrées are served with bread, house salad and two sides of your choice, unless otherwise noted\*\*

### Freshwater Scampi

Four of our jumbo scampi broiled in a garlic wine butter. \$28.95

### Shrimp Dinner

8 lightly breaded large shrimp fried to perfection \$17.95

### Ocean Perch and Shrimp

Ocean perch and large shrimp lightly breaded and fried. \$17.95

### Frederick's Fish and Shrimp Combo

Frederick's white fish prepared your way with lightly breaded large shrimp. \$17.95

### Grilled Chicken Breast

Char grilled chicken breast basted in BBQ sauce topped with sautéed mushrooms, tomato, scallion and cheddar cheese, served with mashed potatoes and vegetable of the day. \$14.50

### Frederick's Fried Chicken Fritters

Four all white meat chicken tenders hand breaded, fried and served on a bed of french fries. With your choice of dipping sauces: BBQ, Buffalo, Hot BBQ, Ranch or Honey Mustard. \$14.95

### Southern Fried Chicken

Half chicken seasoned and fried to perfection. \$16.95

### Rib Eye Steak

Char grilled USDA choice bone-in rib eye steak seasoned and cooked to perfection... Melts in your mouth! \$27.95

### Surf & Turf

Char grilled USDA choice rib eye steak topped with two jumbo scampi. \$32.95

### Bone-In Grilled Pork Chop

Frenched pork chop char grilled and seasoned to perfection. \$17.50

### Southern Fried Pork Chops

Two chops lightly breaded and deep fried to perfection. \$15.95

## Sides

Macaroni and Cheese \$4.95

Candied Yams \$4.95

Collard Greens \$4.95

Fresh-Cut French Fries \$3.95

Southern Style Green Beans \$3.95

Mashed Potato \$3.95

Vegetable of the Day \$3.95

House Salad \$3.95

Cole Slaw \$3.95

## Finishers

Apple Betty With Vanilla Ice Cream \$5.95

Brownie With Vanilla Ice Cream \$5.95

Frederick's Pecan Sweet Potato Pie \$4.95

Frederick's Signature Items

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